

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cooreman Sarah HEADCOACH

Coaches: Deleplanque Théo

Coaches: Rauw Mathis

Coaches: De Paepe Inge

Coaches: Dom Elize

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BREASTSTROKE MEN 15+			Heat:3, starttime: 09:13
Heat: 3/9 Lane : 5 Athlete: VERHERSTRAETEN KOBE			Q-time: 01:27:06
PB (50m pool): 01:27.06 Antwerpen 13/07/2025			PB (25m pool): 01:22.81 SB: 01:27.65 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:40.46	01:27.06	
	00:40.46	00:46.60	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 15+			Heat:5, starttime: 11:28
Heat: 5/10 Lane : 4 Athlete: DE WILDE LORE			Q-time: 01:19:17
PB (50m pool): 01:20.68 Antwerpen 13/07/2025			PB (25m pool): 01:19.17 SB: 01:20.96 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:39.10	01:20.68	
	00:39.10	00:41.58	
			

Coach feedback: